

IDENTIFYING YOUR STRENGTHS

Rate your strength in this quality from 1-5, lowest to highest

	1	2	3	4	5
Strength					
Enthusiasm					
Long-term orientation					
Flexible					
Caring					
Emotional intelligence (self-awareness and empathy)					
Spiritual intelligence					
Systems intelligence					

Consider those strengths you rated highly and list the traits that are a part of each:

Consider those strengths you did not rate as highly and list the traits that are a part of each: